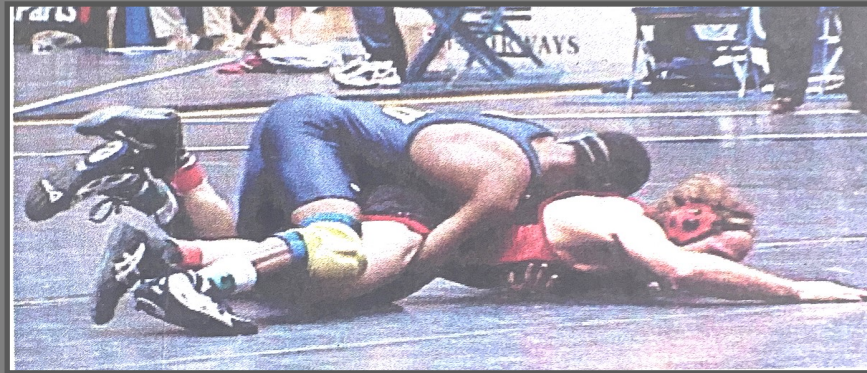


# 2016 From the Bottom to the Top



This clinic is the last clinic in our specialty clinic series. This clinic will focus on advance wrestling technique and will include but not limited to escapes, reversals, and how to defend the legs. This clinic will include live wrestling, technique, and intensive drilling.

When: May 7, 2016

Where: 2080 Mercer Road Suite E Lexington, KY 40511

Cost: \$40

Schedule: Session 1: 10-12 p.m. Lunch (on our own) 12-1  
Session 2: 1-3 p.m. Open Mat 3-4:00p.m.

To register go to [carrwrestlingacademy.net](http://carrwrestlingacademy.net) and the click on clinics and camps.  
For questions call (859)338-4534 or email [carrwrestlingacademy@gmail.com](mailto:carrwrestlingacademy@gmail.com)