

Knightsdale High School of Collaborative Design – Wrestling

2017-2018 events

KHSCD – 100 Bryan Chalk Lane – Knightsdale, NC 27545

HVONHOENE@WCPSS.NET JTRENNER@LIVE.COM

November: 11 – Super Scrimmage – [EVENT REGISTRATION](#) - [EVENT FLYER](#)

Wrestlers will be divided into groups and will rotate through 5 different instructional areas (30-minute rotations) for: Stance & Set-ups, Takedowns & Drilling, Breakdowns & Turns, Escapes & Reversals, and Q&A with an Official. Will include info for parents, beginning wrestlers, and veteran wrestlers. Limited to high school wrestlers. After instructional sessions, wrestlers will get into groups, drill, and will wrestle round-robin style. **\$15.00** per wrestler to participate. Individuals and/or teams are welcome. **NO** Spectator admission charged. **NO** Video recording of clinicians permitted. Designed to prepare wrestlers for the season and equip them with skills and drills to improve their program and wrestling. 7 Mats + the auditorium will be used. Vendors available. T-Shirts will be provided to the individuals who register *and* pay by Wednesday, November 1, 2017.

December: 8th – JV Clinic, JV Tournament [EVENT REGISTRATION](#) -- [EVENT FLYER](#)

Clinic begins @ 4:00, Wrestling begins @5:00. Madison Weights. Groups of 4 or 5 wrestlers provides opportunity for 3 or 4 matches for each wrestler. 1-1-1 Periods. \$12.00 Entry Fee per wrestler. 7 Mats used. \$10.00 Spectator Admission

9th - Jerry Daniels Invitational- [EVENT FLYER](#) - [EVENT APPLICATION](#)

A **REVOLUTIONARY** way to run a high school wrestling tournament. [An alternative team scoring structure](#) that emphasizes pinning. NCHSAA-Approved. 16-man brackets, Semi-Final losers wrestle for 3rd place, Consi-bracket wrestles back for 5th place. **NO “Ties” for placement due to “5-match rule”**. **\$200.00** Entry fee per team. **\$15.00** Spectator Admission. PROCEEDS DONATED TO THE **JERRY DANIELS SCHOLARSHIP ENDOWMENT** @ Appalachian State University. Wrestled on 7 mats. Plans include wrestling an NCAA Dual Meet at the conclusion of the High School Tournament on the United State Marine Corps Mats.



22nd -23rd – WRAL @ Athens Drive High School - [EVENT FLYER](#) -- [EVENT APPLICATION](#)

46th Annual WRAL / HighSchoolOT.com Invitational Wrestling Tournament

“Great *wrestling* anticipated – outstanding *sportsmanship* expected”



January: 15th – JV Tournament II -- [EVENT REGISTRATION](#) -- [EVENT FLYER](#)

Madison Weight groups of 4 or 5 wrestlers = 3 or 4 matches for each wrestler. 1-1-1 Periods. **\$12.00** Entry Fee per wrestler. 7 Mats. **\$10.00** Admission

27th – Northern Athletic Conference Tournament

Corinth-Holders, Heritage, Knightsdale, Rolesville, Wake Forest, Wakefield.

February: 9th -10th – NCHSAA 4A East Regional

New Bern, South Central, Laney, Hoggard, Ashley, Corinth Holders, Rolesville, Knightsdale, Heritage, Wake Forest, Wakefield, Millbrook, Enloe, Southeast Raleigh, Garner, Sanderson, Broughton, Athens Drive, Leesville Road.

