



Join four time WCWA and NWCA National Champions at the 4th annual Tornado Women's Wrestling Camp. This camp will improve your takedowns & attacks on your feet. We will focus on high percentage leg attacks, set ups, and finishes. Campers will also learn high level takedown defense and front headlocks. We will also teach throws, as well as Freestyle techniques.

Pricing is for individuals. Team pricing is available. Team rate of 10 or more campers will receive a 10% discount per camper. The deposit for teams and to lock in a team rate is \$1,000 and is due June 1st.

Contact Jason Moorman
Cell: 865 207 7222 | Office: 423 652 6346
jdmorman@king.edu

Contact Travis Mercado
Cell: 909 331-2952 | Office: 423 652 6342
tjmercado@king.edu



1350 King College Rd
Bristol, TN 37620

Tornado Women's Wrestling Camp

June 25-29, 2017

King University

Ages 12-18

Staff: King University Coaches & Wrestlers





Rates

Individual Resident: \$300 (Deposit due June 1st) Includes dorm room, insurance, meal plan, t-shirt, and clinician fee (must be 12 years of age or older)

Individual Commuter: \$225 (Deposit due June 1st) Includes insurance, t-shirt, and clinician fee (meal plan can be purchased for commuters for \$60)

Payment:

Cash and checks only, cash preferred. Checks must be made out to Tornado Wrestling Camps

Registration

Pre-registration: All campers must pre-register by June 15, 2017 by sending in a registration form, and deposit of \$100.

Final Registration: Sunday, June 25, 2017 at 4pm in the Student Center Complex lobby. All remaining cost must be paid by the start of camp. An insurance form must also be filled out by a parent/guardian.

ALL PAYMENTS ARE NON-REFUNDABLE

SCHEDULE

Sunday

4:00 - 5:00 PMFinal Registration

6:00 - 8:00 PMIntro to Camp/Technique Session

11:00 PMLights Out

Monday - Wednesday

8:00 - 9:00 AMBreakfast

9:30 - 11:30 AMTechnique Session

12:00 - 1:00 PMLunch

2:00 - 4:00 PMTechnique Session

5:00 - 6:00 PMDinner

6:30 - 8:00 PMLive/Conditioning Session

11:00 PMLights Out

Thursday

8:00 - 9:00 AM.....Check out of dorms/Breakfast

9:30 - 11:30 AM.....Team Matches

Competitions: All individuals will be placed on a team. Each team will have college wrestlers as part of their coaching staff.



Registration Form

Please cut off and mail along with your deposit to:

Tornado Wrestling Camps
Jason Moorman
1350 King College Road
Bristol, TN 37620

Name: _____

Age: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

T-Shirt Size: _____

Team (if applicable): _____

Coach: _____

Coach's Phone: _____

Guardian's Name: _____

Guardian's Phone: _____

Additional Emergency Contact & Number: _____

Primary Insurance Provider: _____

Insurance Number: _____