

# The Clash for the Claw

And Elementary/Middle School Youth

Wrestling Clinic

(Formerly Dixie Duals)



***SATURDAY, DECEMBER 1ST 2018***

**Location:** Doss High School, 7601 St. Andrews Church Rd.

**Info:** The Clash for the Claw, formerly Dixie Duals, will be a 16 team dual tournament.

**Time:** Weigh-ins start at 8 a.m.

Coaches meeting will begin at 8:45 a.m.

Wrestling begins at 9:15 a.m.

**Entry Fee:** \$150 due by November 23rd to secure your spot.

**Awards:** Tournament winner will receive "*The Dragon's Claw*" a \*perpetual trophy with their team name and year engraved. Winning team will return the trophy next year and be granted free entry into the tournament.

An individual *Outstanding Wrestler Award* will also be given.

**Youth Clinic:** During the tournament we will be hosting a youth clinic open to any JCPS elementary or middle school student. The clinic will be run in a separate gym in Doss by former head coach Ronald Simmons. The clinic will be free with the price of admission. (This clinic will only be offered to JCPS students due to insurance issues.)

The schedule will be as follows:

10 a.m. - Rules and Fundamentals of Wrestling

11 a.m. - Neutral/Takedowns

Noon - Breakdowns/Top position

1 p.m. - Bottom position/Escapes

**Contact:**

Doss Head Coach Kris Blausey [kristopher.blausey@jefferson.kyschools.us](mailto:kristopher.blausey@jefferson.kyschools.us)

(614)732-2928

\***Perpetual trophies** are held by the winner until the next event, when the winner must compete again in order to keep the trophy.